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| **SP II U2L1** | **SP II U2L1** |
| 1. el campeonato | 1. championship |
| 1. el ciclismo | 1. bicycle riding, cycling |
| 1. la competencia | 1. competition |
| 1. competir (i) | 1. to compete |
| 1. estar empatado | 1. to be tied (score) |
| 1. jugar (ue) en equipo | 1. to play on a team |
| 1. meter un gol | 1. to score a goal |
| 1. el premio | 1. prize; award |
| 1. la Copa Mundial | 1. the World Cup (soccer) |
| 1. los Juegos Olímpicos | 1. the Olympic Games |
| 1. los Juegos Panamericanos | 1. the Pan-American Games |
| 1. la Vuelta a Francia | 1. the Tour de France (cycling) |
| 1. la pista | 1. track |
| 1. la red | 1. net |
| 1. el uniforme | 1. uniform |
| 1. activo/a | 1. active |
| 1. el deportista | 1. sportsman |
| 1. la deportista | 1. sportswoman |
| 1. lento/a | 1. slow |
| 1. musculoso/a | 1. muscular |
| 1. rápido/a | 1. fast, quick, rapid |
| 1. ¡Ay, por favor! | 1. Oh, please! |
| 1. ¡Bravo! | 1. Well done/good job! |
| 1. ¡Dale! | 1. Come on! Do it! |
| 1. ¡Uy! | 1. Ugh! |
| 1. Es bueno... | 1. It's good... |
| 1. Es importante... | 1. It's important... |
| 1. Es necesario... | 1. It's necessary... |
| 1. hacer ejercicio | 1. to exercise |
| 1. mantenerse (ie) en forma | 1. to stay in shape |
| 1. saludable | 1. healthy (=sano/a) |
| 1. seguir (ie) una dieta balanceada | 1. to follow a balanced diet |
| 1. este/a | 1. this (nearby object) |
| 1. ese/a | 1. that (middle   distance object) |
| 1. aquel, aquella | 1. that (far away object) |