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| **SP II U2L1** | **SP II U2L1** |
| 1. el campeonato
 | 1. championship
 |
| 1. el ciclismo
 | 1. bicycle riding, cycling
 |
| 1. la competencia
 | 1. competition
 |
| 1. competir (i)
 | 1. to compete
 |
| 1. estar empatado
 | 1. to be tied (score)
 |
| 1. jugar (ue) en equipo
 | 1. to play on a team
 |
| 1. meter un gol
 | 1. to score a goal
 |
| 1. el premio
 | 1. prize; award
 |
| 1. la Copa Mundial
 | 1. the World Cup (soccer)
 |
| 1. los Juegos Olímpicos
 | 1. the Olympic Games
 |
| 1. los Juegos Panamericanos
 | 1. the Pan-American Games
 |
| 1. la Vuelta a Francia
 | 1. the Tour de France (cycling)
 |
| 1. la pista
 | 1. track
 |
| 1. la red
 | 1. net
 |
| 1. el uniforme
 | 1. uniform
 |
| 1. activo/a
 | 1. active
 |
| 1. el deportista
 | 1. sportsman
 |
| 1. la deportista
 | 1. sportswoman
 |
| 1. lento/a
 | 1. slow
 |
| 1. musculoso/a
 | 1. muscular
 |
| 1. rápido/a
 | 1. fast, quick, rapid
 |
| 1. ¡Ay, por favor!
 | 1. Oh, please!
 |
| 1. ¡Bravo!
 | 1. Well done/good job!
 |
| 1. ¡Dale!
 | 1. Come on! Do it!
 |
| 1. ¡Uy!
 | 1. Ugh!
 |
| 1. Es bueno...
 | 1. It's good...
 |
| 1. Es importante...
 | 1. It's important...
 |
| 1. Es necesario...
 | 1. It's necessary...
 |
| 1. hacer ejercicio
 | 1. to exercise
 |
| 1. mantenerse (ie) en forma
 | 1. to stay in shape
 |
| 1. saludable
 | 1. healthy (=sano/a)
 |
| 1. seguir (ie) una dieta balanceada
 | 1. to follow a balanced diet
 |
| 1. este/a
 | 1. this (nearby object)
 |
| 1. ese/a
 | 1. that (middle

 distance object) |
| 1. aquel, aquella
 | 1. that (far away object)
 |